



Free State High Schools Athletics Championships 2026
2026/03/06



Athlete Entries

Final List

jobaentries@gmail.com

LAS		Academia													
Athlete	Nr	Name	Class	DateOB/ASA/ID	Age Group	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement
1	LAS017	412 Xoliswa Mtsoeu	A00	0808260180084	Girls - 19	800 m	02:53.17								
2	LAS018	413 Tumelo Seleke	A00	0702085924083	Boys - 19	1500 m	04:15.49								



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LAT		Adelaide Tambo Secondary				Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement
Athlete	Nr	Name	Class	DateOB/ASA/ID	Age Group								
1	LAT001	414 Bokamoso Maseko	A00 B	2008/08/16 0808160590085	Girls - 19	1500 m	06:15.24						
2	LAT003	415 Oratile Olifant	A00 B	2011/12/07 1112070242080	Girls - 15	400 m	00:69.72						
3	LAT022	416 Paballo Tsautse	A00 B	2010/06/09 1006090563087	Girls - 16	1500 m	05:24.13	3000 m	11:58.12				
4	LAT023	417 Khethiwe Motseki	A00 B	2008/04/26 0804260876086	Girls - 19	1500 m	05:38.44						
5	LAT026	418 Itumeleng Ngexe	A00 B	2007/01/28 0701285915081	Boys - 19	5000 m	16:19.41						
6	LAT028	419 Sithembiso Sithole	A00 B	2010/11/02 1011025887080	Boys - 16	1500 m	04:24.87						



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LBO		Bothaville Hs				Item		Achievement		Item		Achievement		Item		Achievement	
Athlete	Nr	Name	Class	Date	OB/ASA/ID	Age Group	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement	
1	LBO001	420 EDRIAN BEYERS	A00	2012/05/27	1205275298085	Boys - 14	100 m Hurdles	00:16.78	High Jump	1.55							
2	LBO002	421 FHILLIP DAVIDS	A00	2011/12/20	1112205091087	Boys - 15	High Jump	1.60	Javelin	39.63							
3	LBO005	422 DIVAN VAN DER LINDE	A00	2010/07/12	1007125128086	Boys - 16	Shot Put	12.70									
4	LBO013	423 CHRIS SMIT	A00	2007/08/27	0708275115085	Boys - 19	High Jump	1.70									
5	LBO017	424 Dian de Jager	A00	2008/03/03	0803035189080	Boys - 19	Shot Put	10.92									
6	LBO018	425 Anja Du Plessis	A00	2012/02/18	1202180096084	Girls - 14	300 m Hurdles	00:54.06	High Jump	1.50							
7	LBO019	426 Amanda Malan	A00	2012/01/12	1201120415081	Girls - 14	90 m Hurdles	00:16.79	High Jump	1.40							
8	LBO020	427 Carien Nothnagel	A00	2012/04/18	1204180146083	Girls - 14	High Jump	1.45									
9	LBO022	428 Wilmie Swanepoel	A00	2012/09/12	1209120315086	Girls - 14	Discus Throw	28.28	Shot Put	10.18							
10	LBO028	429 Karli Venter	A00	2011/09/19	1109190866085	Girls - 15	300 m Hurdles	00:53.43	High Jump	1.40							
11	LBO029	430 Mia Du Toit	A00	2011/07/18	1107181403082	Girls - 15	Long Jump	4.23									
12	LBO030	431 Liane van der Berg	A00	2011/07/27	1107270098082	Girls - 15	High Jump	1.40									
13	LBO032	432 Ane Du Plessis	A00	2010/04/15	1004150556083	Girls - 16	100 m Hurdles	00:17.18	400 m Hurdles	00:71.33	High Jump	1.53					
14	LBO033	433 Nicole Davids	A00	2009/02/03	0902030129081	Girls - 17	Discus Throw	23.24									
15	LBO034	434 Christe-lene Venter	A00	2009/10/21	0910210569083	Girls - 17	100 m Hurdles	00:17.89	200 m	00:28.55							
16	LBO035	435 Jana-Mari van der Berg	A00	2009/07/02	0907020192080	Girls - 17	Shot Put	10.56									
17	LBO036	436 Kara van der Walt	A00	2009/07/10	0907100454087	Girls - 17	High Jump	1.30									
18	LBO037	437 Marjone van Huvsteen	A00	2009/06/16	0906160196083	Girls - 17	Javelin	25.83									
19	LBO039	438 Mene Malan	A00	2009/09/09	0909091003089	Girls - 17	Long Jump	4.25									
20	LBO042	439 Ciska van der Walt	A00	2010/11/08	1011080314087	Girls - 16	Javelin	30.26									



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LBO		Bothaville Hs													
Athlete	Nr	Name	Class	DateOB/ASA/ID	Age Group	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement
21	LBO044	440 Mia van der Walt	A00	2008/03/31	Girls - 19	High Jump	1.40								
			w	0803310118085											
22	LBO045	441 Mianette Fouche	A00	2010/09/21	Girls - 16	Shot Put	9.86								
			w	1009210139085											



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LBU		Bultfontein Hs														
Athlete	Nr	Name	Class	Date	OB/ASA/ID	Age Group	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement
1	LBU035	442	Sue Ann Labuschagne		A00	Girls - 14	Javelin	27.83								
2	LBU041	443	Botshelo Lelala		A00	Girls - 15	400 m	00:66.34	800 m	02:47.44						
3	LBU042	444	Allene Cillers		A00	Girls - 15	Javelin	24.60								
4	LBU051	445	Karlien Mare		A00	Girls - 17	Shot Put	10.14								
5	LBU053	446	Lianie Cloete		A00	Girls - 19	100 m	00:13.59	400 m	00:67.19						
6	LBU054	447	Ane Van Der Merwe		A00	Girls - 19	Javelin	32.70								
7	LBU059	448	Katlego Moshodi		A00	Boys - 14	100 m	00:11.55	200 m	00:23.47	400 m	00:52.62				
8	LBU060	449	Luan De Koning		A00	Boys - 14	Javelin	24.60								
9	LBU070	450	Rikus Marais		A00	Boys - 15	Discus Throw	43.42	Shot Put	10.25						
10	LBU072	451	Wian Labuschagne		A00	Boys - 16	Shot Put	13.07	Javelin	41.40						
11	LBU073	452	Barend Truter		A00	Boys - 16	Discus Throw	27.00	Shot Put	11.73						
12	LBU075	453	Ruben Andre Joubert		A00	Boys - 17	Discus Throw	27.04								
13	LBU077	454	Lourens Willemse		A00	Boys - 17	Discus Throw	24.67								
14	LBU080	455	Hentie Visagie		A00	Boys - 19	Shot Put	12.82								



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LCB		St Dominics				Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement
Athlete	Nr	Name	Class	DateOB/ASA/ID	Age Group								
1	LCB010	456 LAURASH-JOYCE ANYISHA	A00 B	2009/03/27 0903271629185	Girls - 17	100 m	00:13.76						
2	LCB020	457 OWETHU NTSONTA	A00 B	2009/12/25 0912255343085	Boys - 17	800 m	02:03.68						



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LDI		Diphetoho				Item		Achievement		Item		Achievement		Item		Achievement	
Athlete	Nr	Name	Class	DateOB/ASA/ID	Age Group	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement		
1	LDI005	458	Tefo Stephen Matowane	A00	2009/05/22 0905225264084	Boys - 17	Long Jump	5.75									
2	LDI013	459	Thabang John Mongane	A00	2011/06/30 1106305620084	Boys - 15	1500 m	04:38.00	800 m	02:10.70							
3	LDI015	460	Anele Malo	A00	2012/05/21 1205215754080	Boys - 14	800 m	02:19.52									
4	LDI023	461	Onalenna Sesing	A00	2012/10/05 1210051293086	Girls - 14	Long Jump	4.60									
5	LDI025	462	Mosa Snothando Van Neck	A00	2012/03/26 1203260448088	Girls - 14	400 m	00:68.54	Long Jump	4.20							



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LEE		Relekile													
Athlete	Nr	Name	Class	DateOB/ASA/ID	Age Group	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement
1	LEE031	463 Ntando Witbooi	A00 B	2009/01/12 0901120757082	Girls - 17	Long Jump	3.62								
2	LEEA39	464 Relekile	A00 B	2011/01/01	Boys - 15	4X100 m Relay	00:47.91								



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LES	Leseding		Class	DateOB/ASA/ID	Age Group	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement
1	LES014	465	RAMOTEBANG BOTSANE	A00 B	2007/12/09 0712095290086	Boys - 19	800 m	02:03.90							
2	LES018	466	THATO CHABELI	A00 B	2010/05/24 1005245180086	Boys - 16	400 m Hurdles	00:64.99							
3	LES029	467	SIPHESIHLE BUTHELEZI	A00 B	2012/12/14 1212140167081	Girls - 14	800 m	02:50.00							



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LET		TETO													
Athlete	Nr	Name	Class	DateOB/ASA/ID	Age Group	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement
1	LET026	468 Khuthala Tati	A00	2008/01/25 0801250526082	Girls - 19	100 m	00:13.71	200 m	00:28.12						



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LGM		Gimnasium														
Athlete	Nr	Name	Class	Date	OB/ASA/ID	Age Group	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement
1	LGM001	469	Mia Best	A00	2012/07/09	Girls - 14	Javelin	31.36								
2	LGM002	470	Marele Bezuidenhout	A00	2012/01/30	Girls - 14	Discus Throw	25.69	Shot Put	11.16						
3	LGM003	471	Mmokho Chaka	A00	2012/11/12	Girls - 14	200 m	00:29.28								
4	LGM004	472	Hayley Docherty	A00	2012/11/30	Girls - 14	Javelin	23.20								
5	LGM007	473	Theane Joubert	A00	2012/09/17	Girls - 14	300 m Hurdles	00:53.53								
6	LGM008	474	Matshediso Mahloko	A00	2012/01/30	Girls - 14	800 m	02:46.23								
7	LGM009	475	Reatlehile Montshioagae	A00	2012/06/18	Girls - 14	Discus Throw	32.49	Shot Put	11.02						
8	LGM010	476	Zoey Van der Linde	A00	2012/12/05	Girls - 14	100 m	00:14.06	200 m	00:28.38	Long Jump	4.39				
9	LGM011	477	Anthony Ludeke	A00	2012/01/20	Boys - 14	High Jump	1.55								
10	LGM012	478	Abram Motaung	A00	2012/03/26	Boys - 14	100 m Hurdles	00:17.14								
11	LGM013	479	Sikelela Ntoahae	A00	2012/07/26	Boys - 14	Discus Throw	29.76								
12	LGM016	480	Tshegofatso Seomane	A00	2012/05/25	Boys - 14	Triple Jump	10.56								
13	LGM017	481	Wian Van der Merwe	A00	2012/02/15	Boys - 14	Discus Throw	39.51	Shot Put	12.22						
14	LGM019	482	Johan Visser	A00		Boys - 14	Hammer Throw	21.44								
15	LGM021	483	Isabella Lottre	A00	2011/01/14	Girls - 15	Hammer Throw	33.01								
16	LGM024	484	Michelle Mloi	A00	2011/06/20	Girls - 15	100 m	00:13.34								
17	LGM025	485	Jenell Booysen	A00	2011/07/27	Girls - 15	Discus Throw	25.71	Shot Put	11.51	Javelin	36.10				
18	LGM027	486	Tihlohelo Ramanamane	A00	2011/05/18	Girls - 15	Discus Throw	26.82	Shot Put	9.50						
19	LGM029	487	Dian Erasmus	A00	2011/10/20	Boys - 15	1500 m Steeple	04:55.95	3000 m	10:03.47						
20	LGM032	488	Marizaan Combrink	A00	2010/01/29	Girls - 16	100 m	00:12.83	200 m	00:26.44						



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21	LGM034	489 Lindohuhle Ncube	A00 B	2011/01/15 1101155110088	Boys - 15	High Jump	1.70						
22	LGM038	490 Cornelius Swart	A00 W	2011/02/02 1102025136089	Boys - 15	Javelin	49.49						
23	LGM039	491 Jay-Cee Fitzgerald	A00 W	2011/06/08 1106085426082	Boys - 15	Long Jump	5.89						
24	LGM040	492 Kay-Lee Jansen	A00 W	2010/08/25 1008250134089	Girls - 16	Javelin	26.91						
25	LGM041	493 Danelle Le Roux	A00 W	2010/07/07 1007070385087	Girls - 16	Discus Throw	29.38	Shot Put	10.62	Hammer Throw	29.28		
26	LGM043	494 Gofaone Sebati	A00 B	2010/10/12 1010120342082	Girls - 16	High Jump	1.53						
27	LGM044	495 Aizenosa Zabayo	A00 B	2010/12/11 A13065414	Girls - 16	Hammer Throw	26.19						
28	LGM045	496 David Akinwotu	A00 B	2010/10/27 1010275964086	Boys - 16	100 m	00:11.48						
29	LGM046	497 Hendrik Bezuidenhout	A00 W	2010/05/12 1005125670081	Boys - 16	Hammer Throw	37.27						
30	LGM047	498 Dian Bisschoff	A00 W	2010/06/14 1006145316085	Boys - 16	Discus Throw	34.68	Hammer Throw	53.85				
31	LGM048	499 Lehlohonolo Galeboye	A00 B	2010/06/25 1006255342087	Boys - 16	200 m	00:22.95						
32	LGM052	500 Mziwakhe Mbongo	A00 B	2010/08/13 1008135293084	Boys - 16	Triple Jump	12.67	High Jump	1.78				
33	LGM053	501 Reapele Mokoena	A00 B	2010/04/29 1004295186085	Boys - 16	Triple Jump	13.74						
34	LGM054	502 Thabiso Morabe	A00 B	2010/01/27 1001275242085	Boys - 16	Triple Jump	12.90						
35	LGM055	503 Chrisandi Leppan	A00 W	2009/03/08 0903080028082	Girls - 17	Discus Throw	23.80	Shot Put	9.63	Hammer Throw	43.72		
36	LGM058	504 Luthando Kama	A00 B	2009/12/02 0912020232084	Girls - 17	Triple Jump	9.26						
37	LGM059	505 Kiara Fourie	A00 W	2009/05/15 0905150140085	Girls - 17	400 m	00:69.50						
38	LGM061	506 Jan - Franco du Plessis	A00 W	2009/08/20 0908205073087	Boys - 17	Shot Put	13.80	Javelin	41.10				
39	LGM062	507 Liam Marais	A00 W	2009/04/01 0904015284089	Boys - 17	High Jump	1.86						
40	LGM063	508 Gerrit Rademeyer	A00 W	2009/07/08 0907085133086	Boys - 17	Shot Put	14.04	Javelin	43.45				



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Athlete	Nr	Name	Class	Date	OB/ASA/ID	Age Group	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement	
41	LGM064	509 Thabang Siteo	A00 B	2009/02/05	0902056511089	Boys - 17	Triple Jump	13.95									
42	LGM065	510 Pieter-Johan Strauss	A00 W	2009/01/26	0901265075084	Boys - 17	Discus Throw	38.51	Shot Put	13.38							
43	LGM066	511 Lesedi Tsubulane	A00 B	2009/09/09	0909095229086	Boys - 17	100 m	00:11.36	200 m	00:23.19							
44	LGM069	512 Mieke Erasmus	A00 W	2008/03/28	0803280092088	Girls - 19	200 m	00:27.55	400 m	00:61.79							
45	LGM070	513 Karabo Kondile	A00 B	2008/03/20	0803200324082	Girls - 19	800 m	02:45.20	Long Jump	4.73							
46	LGM075	514 Karisna van Rooyen	A00 W	2008/01/01	0801010608082	Girls - 19	Shot Put	9.16	Javelin	30.75							
47	LGM077	515 Arthur-Junior Lund	A00 B	2007/12/10	0712105232086	Boys - 19	Triple Jump	14.39									
48	LGM080	516 Refiloe Qhoboshiyana	A00 B	2008/07/17	0807175205085	Boys - 19	Triple Jump	12.53									
49	LGM081	517 Tumelo Sekoere	A00 B	2008/10/18	0810185103084	Boys - 19	110 m Hurdles	00:15.43									
50	LGM082	518 Mxolisi Skele	A00 B	2008/03/27	0803275063086	Boys - 19	110 m Hurdles	00:15.60	400 m	00:51.68							
51	LGM083	519 Ntsasentle Tseuo	A00 B	2008/01/23	0801235152080	Boys - 19	Triple Jump	12.48	Long Jump	6.12							
52	LGM084	520 Siphosethu Dladla	A00 B	2008/02/26	0802266618080	Boys - 19	High Jump	1.70									
53	LGMA86	521 Welkom-Gimnasium	A00			Girls - 14	4X100 m Relay	00:58.38									
54	LGMA88	522 Welkom-Gimnasium	A00			Girls - 15	4X100 m Relay	00:56.71									
55	LGMA90	523 Welkom-Gimnasium	A00			Girls - 16	4X100 m Relay	00:55.88									
56	LGMA91	524 Welkom-Gimnasium	A00			Boys - 16	4X100 m Relay	00:45.78									
57	LGMA92	525 Welkom-Gimnasium	A00			Girls - 17	4X100 m Relay	00:56.80									
58	LGMA93	526 Welkom-Gimnasium	A00			Boys - 17	4X100 m Relay	00:45.96									
59	LGMA94	527 Welkom-Gimnasium	A00			Girls - 19	4X100 m Relay	00:55.30									
60	LGMA95	528 Welkom-Gimnasium	A00			Boys - 19	4X100 m Relay	00:44.50									



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Athlete	Nr	Name	Class	Date	OB/ASA/ID	Age Group	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement	
1	LGO001	529 Abbigail Lamprecht	A00 W	2012/05/12	1205120203082	Girls - 14	200 m	00:28.88	300 m Hurdles	00:53.15	90 m Hurdles	00:16.45					
2	LGO004	530 Milan van Aardt	A00 W	2012/03/28	1203280264085	Girls - 14	Long Jump	3.61									
3	LGO012	531 Tamika de Bruyn	A00 W	2012/03/07	1203070308084	Girls - 14	Javelin	20.20									
4	LGO014	532 Magdalena Ras	A00 W	2012/07/04	1207040529083	Girls - 14	Discus Throw	26.81	Hammer Throw	19.18							
5	LGO015	533 Joanica Taljard	A00 W	2012/03/09	1203090181081	Girls - 14	Shot Put	10.72	Hammer Throw	21.33							
6	LGO016	534 Milah du Plessis	A00 W	2012/11/26	1211260303088	Girls - 14	Hammer Throw	17.99									
7	LGO018	535 Janco Knoetze	A00 W	2012/03/12	1203125374081	Boys - 14	100 m	00:11.80	200 m	00:24.20							
8	LGO019	536 Diaan van Brakel	A00 W	2012/04/23	1204235781082	Boys - 14	High Jump	1.50									
9	LGO027	537 Johandre Cloete	A00 W	2012/03/11	1203115295080	Boys - 14	Javelin	27.82									
10	LGO029	538 Dohandre janse van Rensburg	A00 W	2012/07/03	1207035267087	Boys - 14	Discus Throw	47.82	Shot Put	13.53	Hammer Throw	27.41					
11	LGO039	539 Duane Vorster	A00 W	2011/03/10	1103100527085	Girls - 15	90 m Hurdles	00:18.48									
12	LGO040	540 Elandri Claassen	A00 W	2011/11/21	1111210098087	Girls - 15	300 m Hurdles	00:60.33									
13	LGO041	541 Hope Coetzer	A00 W	2011/01/07	1101070251082	Girls - 15	100 m	00:13.42	200 m	00:28.49							
14	LGO043	542 Jessica Krynen	A00 W	2011/08/24	1108240202085	Girls - 15	Shot Put	11.17	Hammer Throw	21.46	Javelin	28.25					
15	LGO045	543 Kaydene Keyser	A00 W	2011/12/17	1112170123089	Girls - 15	Discus Throw	24.51	Shot Put	8.69	Hammer Throw	33.52					
16	LGO053	544 Tumi Motsumi	A00 B	2011/01/12	1101125453089	Boys - 15	Discus Throw	42.94	Shot Put	11.54	Hammer Throw	27.79					
17	LGO056	545 Brayden Haselau	A00 W	2011/05/06	1105065163087	Boys - 15	Javelin	39.41									
18	LGO060	546 Jayden Viljoen	A00 W	2011/09/25	1109255106088	Boys - 15	Triple Jump	9.87									
19	LGO064	547 Lu-Juan Koch	A00 W	2011/02/25	1102255269089	Boys - 15	300 m Hurdles	00:57.69									
20	LGO066	548 Nathan Lourens	A00 W	2011/08/27	1108275137081	Boys - 15	Triple Jump	10.75	Hammer Throw	22.34							



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Athlete	Nr	Name	Class	Date	OB/ASA/ID	Age Group	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement	
21	LGO068	549 Stephan Du Toit	A00 W	2011/04/25	1104255091083	Boys - 15	Discus Throw	41.34	Shot Put	13.13	Hammer Throw	39.59					
22	LGO070	550 Zane Delate	A00 B	2011/04/18	1104185181087	Boys - 15	100 m Hurdles	00:17.17									
23	LGO071	551 Anika Oelofse	A00 W	2010/03/08	100308028208	Girls - 16	Discus Throw	23.03									
24	LGO074	552 Chenike van der merwe	A00 W	2010/04/19	100419025308	Girls - 16	Discus Throw	22.89	Shot Put	9.03							
25	LGO076	553 Isabelle Kruger	A00 W	2010/10/01	101001025008	Girls - 16	400 m	00:67.34									
26	LGO078	554 Leané van Rooyen	A00 W	2010/03/30	100330040008	Girls - 16	Hammer Throw	33.74									
27	LGO079	555 Lienkhé Meintjies	A00 W	2001/03/20	1003010302084	Girls - 16	Shot Put	9.14	Javelin	26.02							
28	LGO080	556 Nia-Mari Joubert	A00 W	2010/11/28	101128018408	Girls - 16	1500 m	05:26.47	800 m	02:35.20							
29	LGO082	557 Xandri Britz	A00 W	2010/01/29	1001290180089	Girls - 16	Hammer Throw	36.98									
30	LGO084	558 Arian Botes	A00 W	2010/07/05	1007055119089	Boys - 16	Hammer Throw	40.35									
31	LGO085	559 Audell Steenkamp	A00 W	2010/09/27	1009275240083	Boys - 16	High Jump	1.70									
32	LGO091	560 Henrico van der Berg	A00 W	2010/05/05	1005055176083	Boys - 16	Hammer Throw	20.51									
33	LGO094	561 Justin Swaine	A00 W	2010/07/12	1007125290084	Boys - 16	Discus Throw	40.37									
34	LGO095	562 Kgahliso Letsoala	A00 B	2010/03/06	1003065796081	Boys - 16	400 m Hurdles	00:67.96									
35	LGO098	563 Nicholas Riley	A00 W	2010/02/19	1002195313080	Boys - 16	Javelin	37.05									
36	LGO099	564 Mzeke Tsoai	A00 B	2010/11/25	1011255846087	Boys - 16	110 m Hurdles	00:18.34									
37	LGO102	565 Thando Howard	A00 B	2017/01/20	1001176343082	Boys - 16	Triple Jump	11.17									
38	LGO103	566 Blanche Fourie	A00 W	2009/01/03	0901030158082	Girls - 17	Shot Put	9.63									
39	LGO108	567 Tshireletso Thekisho	A00 B	2009/04/04	090404042108	Girls - 17	100 m Hurdles	00:19.15									
40	LGO109	568 Vanessa Wasyliszyn	A00 W	2009/07/31	0907310144080	Girls - 17	Javelin	27.50									



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LGO		Goudveld				Item		Achievement		Item		Achievement		Item		Achievement	
Athlete	Nr	Name	Class	Date	OB/ASA/ID	Age Group	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement	
41	LGO110	569 Delan van Zyl	A00	2009/01/16	W 0901165105080	Boys - 17	Javelin	39.58									
42	LGO111	570 Britz Reinders	A00	2009/08/26	W 0908265123087	Boys - 17	110 m Hurdles	00:16.97	Javelin	53.04							
43	LGO122	571 Vandre Gouws	A00	2009/09/14	W 0909145357085	Boys - 17	Shot Put	11.90									
44	LGO125	572 Anika Reinders	A00	2008/01/01	W 080101063208	Girls - 19	Javelin	25.48									
45	LGO127	573 Cara Claassen	A00	2008/05/12	W 080512008408	Girls - 19	1500 m	06:35.42									
46	LGO128	574 Carli Taljaard	A00	2008/10/24	W 081024009808	Girls - 19	Discus Throw	38.05	Shot Put	9.95							
47	LGO130	575 Kaila Murphy	A00	2008/11/08	W 081108009308	Girls - 19	Triple Jump	10.09	Long Jump	4.91							
48	LGO132	576 Lynn-Mari Louw	A00	2008/03/28	W 080328011008	Girls - 19	Discus Throw	44.69	Shot Put	12.34	Hammer Throw	50.60					
49	LGO133	577 Michelle van der Westhuizen	A00	2027/06/20	W 0806270123086	Girls - 19	100 m Hurdles	00:16.97	Triple Jump	10.38	Long Jump	4.89					
50	LGO140	578 Ehan Botes	A00	2008/01/15	W 0801155242085	Boys - 19	Hammer Throw	27.92									
51	LGO142	579 Jan du Plessis	A00	2008/01/21	W 0801215107088	Boys - 19	Hammer Throw	24.33									
52	LGO143	580 Jevanho Motaung	A00	2008/10/01	C 0810015669080	Boys - 19	High Jump	1.97									
53	LGO146	581 Keyano Snyders	A00	2007/07/07	C 0707156385080	Boys - 19	110 m Hurdles	00:16.61									
54	LGO151	582 Lerato Setlaba	A00	2008/10/25	B 0810255367080	Boys - 19	Triple Jump	12.27									
55	LGO152	583 Zandre Dippenaar	A00	2008/09/16	W 0809165305081	Boys - 19	Javelin	46.05									
56	LGO154	584 Thomas Bothma	A00	2008/09/01	W 0809015120086	Boys - 19	Shot Put	11.95									
57	LGOA55	585 GOUDVELD	A00			Girls - 14	4X100 m Relay	00:58.31									
58	LGOA56	586 GOUDVELD	A00			Girls - 15	4X100 m Relay	00:57.58									
59	LGOA57	587 GOUDVELD	A00			Girls - 16	4X100 m Relay	00:56.11									
60	LGOA59	588 GOUDVELD	A00			Girls - 19	4X100 m Relay	00:56.28									



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LGO		Goudveld		Class	DateOB/ASA/ID	Age Group	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement
Athlete	Nr	Name												
61	LGOA60	589	GOUDVELD	A00		Boys - 14	4X100 m Relay	00:51.95						



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LHA		Harmony High				Item		Achievement		Item		Achievement		Item		Achievement	
Athlete	Nr	Name	Class	DateOB/ASA/ID	Age Group	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement
1	LHA013	590	NTHABISENG MORAKE	A00 B 1104241150084	2011/04/24 Girls - 15	90 m Hurdles	02:04.93										
2	LHA018	591	SHAUN YANTOLO	A00 B 0811125124081	2008/11/12 Boys - 19	Discus Throw	27.61										
3	LHA021	592	YALEZO KWENA	A00 B 0912165693082	2009/12/16 Boys - 17	High Jump	1.65										
4	LHA027	593	JUNIOR LEHOLA	A00 B 1005195539083	2010/05/19 Boys - 16	110 m Hurdles	00:19.49	400 m Hurdles	00:65.80								
5	LHA036	594	TLHALEFO RAMAKHELE	A00 B 1003036307083	2010/03/03 Boys - 16	110 m Hurdles	00:19.40										
6	LHA041	595	KWAZI MAYEKISO	A00 B 0708145406086	2007/08/14 Boys - 19	Long Jump	6.13										



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LHC		Hentie Cilliers				Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement
Athlete	Nr	Name	Class	DateOB/ASA/ID	Age Group								
1	LHC002	596 SHEVONNE SMITH	A00 W	2011/12/05 1112050210089	Girls - 15	Discus Throw	26.82						
2	LHC003	597 DANIEL VAN DER BERG	A00 W	2009/09/28 0909280081086	Girls - 17	Discus Throw	25.02						
3	LHC005	598 MARNUS VAN DER BERG	A00 W	2008/10/27 0810275882084	Boys - 19	Discus Throw	32.61	Shot Put	10.58				
4	LHC006	599 JUAN ZEEMAN	A00 W	2008/08/25 0808255077089	Boys - 19	Discus Throw	24.11						
5	LHC007	600 KARABO SOULE	A00 B	2012/01/13 1201135574088	Boys - 14	Discus Throw	30.56	Hammer Throw	26.12				
6	LHC008	601 VOGAN VAN ZYL	A00 W	2012/10/16 1210165232087	Boys - 14	Hammer Throw	23.25	Javelin	26.41				
7	LHC009	602 MARNU POTGIETER	A00 W	2011/03/08 1103085350081	Boys - 15	Discus Throw	48.22	Shot Put	16.76	Hammer Throw	37.67		
8	LHC010	603 DYLAN DE LANGE	A00 W	2011/04/04 1104045221081	Boys - 15	100 m Hurdles	00:16.85	Javelin	40.62				
9	LHC013	604 MCKENZIE TRUTER	A00 W	2009/06/05 0906050116084	Girls - 17	Hammer Throw	31.12						
10	LHC015	605 PANA NTOMANE	A00 B	2008/05/22 0805225095084	Boys - 19	400 m Hurdles	00:60.34	High Jump	1.70				
11	LHC017	606 NEO NGAMBU	A00 B	2010/02/06 1002066012084	Boys - 16	Javelin	35.57						
12	LHC018	607 JUNIOR TSHABALALA	A00 B	2009/03/03 0903036270085	Boys - 17	10000 m Walk	80:49.00						
13	LHC021	608 AMOHELANG MAHAHLE	A00 B	2012/04/11 1204115377084	Boys - 14	300 m Hurdles	00:41.98	400 m	00:52.70				
14	LHC022	609 TLHOLO RANTSIE	A00 B	2011/03/24 1103245452082	Boys - 15	1500 m	04:34.53						
15	LHC023	610 KAMOHELO MAHAHLE	A00 B	2012/04/11 1204115375088	Boys - 14	100 m	00:11.68	200 m	00:22.90				
16	LHC024	611 TLOTLITSO SHOMANG	A00 B	2009/02/08 0902085912084	Boys - 17	400 m Hurdles	00:60.47	Long Jump	6.25				
17	LHC025	612 HLHONOLOFATSO MARUMO	A00 B	2011/10/14 1110145446080	Boys - 15	100 m	00:11.18	200 m	00:23.12				
18	LHC026	613 BULELANE MDUNYELWA	A00 B	2011/06/15 1106156286084	Boys - 15	100 m	00:11.35						
19	LHC028	614 PHATSIMO HLOHLOLO	A00 B	2009/08/26 0908265075089	Boys - 17	400 m Hurdles	00:59.95						
20	LHC029	615 TLHONOLOFATSO MOHALE	A00 B	2008/06/11 0806115102089	Boys - 19	100 m	00:10.59	200 m	00:21.56				



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LHC		Hentie Cilliers				Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement
Athlete	Nr	Name	Class	DateOB/ASA/ID	Age Group								
21	LHC030	616 NALEDI MATLOLOANE	A00 B	2010/06/18 1006181157088	Girls - 16	100 m	00:13.89						
22	LHC031	617 JUAN BINNEMAN	A00 W	2011/06/21 1106215681085	Boys - 15	Triple Jump	10.36						
23	LHC035	618 PULENG JANTJIE	A00 B	2009/10/26 0910260144084	Girls - 17	100 m Hurdles	00:19.30						
24	LHC048	619 BOPELO SELEPE	A00 B		Boys - 15	200 m	00:23.89						
25	LHCA41	620 HENTIE CILLIERS	A00		Boys - 14	4X100 m Relay	00:48.65						
26	LHCA42	621 HENTIE CILLIERS	A00		Boys - 15	4X100 m Relay	00:46.38						
27	LHCA43	622 HENTIE CILLIERS	A00		Boys - 16	4X100 m Relay	00:46.70						
28	LHCA47	623 HENTIE CILLIERS	A00		Girls - 17	4X100 m Relay	00:55.54						



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LHN		Hennenman				Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement	
Athlete	Nr	Name	Class	Date	OB/ASA/ID	Age Group	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement
1	LHN002	624 Amoré Stemmet	A00	2012/04/10	1204100413084	Girls - 14	High Jump	1.40						
2	LHN006	625 Elizabeth Benson	A00	2012/05/28	1205280889084	Girls - 14	Hammer Throw	15.79						
3	LHN008	626 Jano Ross	A00	2012/01/08	1201085203084	Boys - 14	300 m Hurdles	00:47.04	Shot Put	10.59				
4	LHN009	627 Christoffel Cornelius Viljoen Botha	A00	2012/02/10	1202105167085	Boys - 14	Shot Put	11.32						
5	LHN016	628 Omphile Reneiloe Dhlanguisa	A00	2011/10/25	1110250412083	Girls - 15	3000 m	12:16.95						
6	LHN018	629 Elizabé Maria Niemann	A00	2011/06/06	1106060297086	Girls - 15	Hammer Throw	21.05						
7	LHN023	630 Deandré De Wet Smith	A00	2010/05/03	1005035143088	Boys - 16	3000 m	11:00.48						
8	LHN024	631 Kgosi Moleleki Menyatso	A00	2010/02/15	1002155315083	Boys - 16	Long Jump	5.56						
9	LHN030	632 Loriaan Olivier	A00	2010/07/27	1007270326089	Girls - 16	3000 m	13:54.10						
10	LHN031	633 Cheslin Rufagen Rode	A00	2009/05/28	0905285154084	Boys - 17	110 m Hurdles	00:15.97						
11	LHN037	634 Ruoise Möller	A00	2009/01/24	0901240045087	Girls - 17	Shot Put	9.86	Hammer Throw	32.86	Javelin	31.70		
12	LHN038	635 Elske Ferreira	A00	2009/10/23	0910230112088	Girls - 17	Discus Throw	18.47						
13	LHN039	636 Liané Alexander	A00	2009/06/22	0906220221087	Girls - 17	Hammer Throw	31.49						
14	LHN040	637 Jana Ross	A00	2008/06/26	0806260406087	Girls - 19	Shot Put	7.93	Javelin	26.46				
15	LHN043	638 Janeské Janika-Marie Ferreira	A00	2008/09/10	0809100246085	Girls - 19	Discus Throw	22.59	Hammer Throw	20.45				
16	LHN044	639 Lebohang Mlangeni	A00	2008/02/07	0802076361087	Boys - 19	400 m Hurdles	00:59.21						
17	LHN045	640 Rynhardt Frederik Bossé	A00	2008/09/28	0809285193086	Boys - 19	Discus Throw	31.76	Hammer Throw	25.29				



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LIH		Iphateleng		Class	DateOB/ASA/ID	Age Group	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement
Athlete	Nr	Name												
1	LIH025	641	Shaun Sehloho	A00	2012/11/19 1211195508082	Boys - 14	1500 m	05:02.71						



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LIP		Ipopeng				Item		Achievement		Item		Achievement		Item		Achievement	
Athlete	Nr	Name	Class	DateOB/ASA/ID	Age Group	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement
1	LIP005	642 Dimpho Hlalele	A00 B	2011/10/22 1110220426080	Girls - 15	Long Jump	4.00										
2	LIP008	643 Amohelang Motseoile	A00 B	2010/08/23 1008230863088	Girls - 16	Long Jump	4.24										
3	LIP020	644 Kananelo Ntemotse	A00 B	2010/06/05 1006050521083	Girls - 16	1500 m	05:54.77										
4	LIP037	645 Puseletso Lisenyane	A00 B	2009/09/27 0909271441083	Girls - 17	800 m	02:55.52										
5	LIP040	646 Masello Brown	A00 B	2007/06/27 0706270589080	Girls - 19	800 m	02:50.26										
6	LIP042	647 Omphile Senze	A00 B	2010/10/30 1010300684089	Girls - 16	800 m	02:50.10										



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LIT		Ithabeleng		Class	DateOB/ASA/ID	Age Group	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement
Athlete	Nr	Name												
1	LIT014	648	Mosa Moeketsi	A00		Girls - 14	Long Jump	4.11						
2	LIT018	649	Dipuo Phumo	A00		Girls - 15	800 m	02:42.59						
3	LIT022	650	Luyanda Swarts	A00	1104020452081	Girls - 15	1500 m	05:26.51						
4	LIT024	651	Jabulani Morogoe	A00		Boys - 16	400 m	00:55.04						
5	LIT033	652	Bokang Motsoloane	A00		Girls - 17	800 m	02:47.16						
6	LIT500	653	Lerato Tau	A00		Girls - 14	100 m	00:14.03						
7	LITA57	654	Ithabeleng	A00		Girls - 15	4X100 m Relay	00:58.02						
8	LITA99	655	ITHABELENG	A00		Girls - 14	4X100 m Relay	00:58.08						



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LKG		Kgatelopele													
Athlete	Nr	Name	Class	DateOB/ASA/ID	Age Group	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement
1	LKG001	656 Rethabile Khotlele	A00		Girls - 14	1500 m	05:33.42								
2	LKG007	657 Ali Zoya	A00		Girls - 16	800 m	02:38.32								



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LKH	Khelleng		Class	DateOB/ASA/ID	Age Group	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement
1	LKH011	658 Neo Lebatla	A00 B	2011/08/15 1108155472087	Boys - 15	400 m	00:56.48								
2	LKH026	659 Nyakalo Kopela	A00 B	2012/01/01 1201012076082	Girls - 14	400 m	00:69.83								
3	LKH036	660 Sipho Xuma	A00 B	2011/05/23 1105236510083	Boys - 15	100 m Hurdles	00:18.83								
4	LKH039	661 Bongani Molise	A00 B	2012/10/01 1210015727088	Boys - 14	3000 m	11:38.15	300 m Hurdles	00:58.68						



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LME		Malebabaleba P/S													
Athlete	Nr	Name	Class	DateOB/ASA/ID	Age Group	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement
1	LME002	662	THEMBILE LETSATSI	A00 B	2012/12/18 1212186240081	Boys - 14	1500 m	05:03.78							
2	LME004	663	BOKANG SYDASE	A00 B	2012/06/30 1206305710081	Boys - 14	5000 m Walk	38:07.00							
3	LME006	664	TEBOHO MBOMBO	A00 B	2012/06/29 1206295682084	Boys - 14	5000 m Walk	31:11.00							



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LMH	Hanover		Class	Date	OB/ASA/ID	Age Group	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement
1	LMH003	665 Lesego Ndwalaza	A00			Girls - 14	1500 m Steeple	06:53.09	3000 m	13:07.53						
2	LMH004	666 Desire Mohathhane	A00			Girls - 17	1500 m	05:15.95	2000 m Steeple	07:58.02						
3	LMH005	667 Unathi Yose	A00			Girls - 17	2000 m Steeple	09:00.28								
4	LMH006	668 Pearl Thethani	A00			Girls - 19	1500 m	05:42.51	3000 m Steeple	13:33.38	5000 m	23:11.94				
5	LMH007	669 Bokamoso Moorosi	A00			Boys - 14	1500 m Steeple	05:28.02	3000 m	10:43.35	5000 m Walk	31:05.00				
6	LMH008	670 Onalerna Morake	A00			Boys - 14	1500 m Steeple	05:42.18	3000 m	10:58.98	5000 m Walk	40:10.00				
7	LMH010	671 Mokete Makhaotse	A00			Boys - 15	1500 m Steeple	05:18.86	3000 m	11:45.03						
8	LMH012	672 Katleho Mokone	A00			Boys - 16	400 m	00:53.75	800 m	02:10.52						
9	LMH013	673 Zanobuhle Dial	A00			Boys - 16	1500 m	04:26.90	2000 m Steeple	06:31.72	3000 m	09:34.27				
10	LMH014	674 Katlego Khampere	A00			Boys - 16	2000 m Steeple	07:05.93	800 m	02:12.34						
11	LMH017	675 Ayanda Matsotso	A00			Boys - 17	1500 m	04:22.71	800 m	02:04.80						
12	LMH018	676 Sanele Mbangula	A00			Boys - 17	2000 m Steeple	06:15.04								
13	LMH019	677 Katleho Ralekhetla	A00			Boys - 17	1500 m	04:09.54	3000 m	09:09.84						
14	LMH020	678 Neo Sejane	A00			Boys - 17	2000 m Steeple	06:12.53	3000 m	09:11.38						
15	LMH024	679 Boikanyo Rabannye	A00			Boys - 19	800 m	01:59.32								
16	LMH025	680 Ntlaletsa Siyakha	A00			Boys - 19	3000 m Steeple	09:50.66	5000 m	16:42.06						
17	LMH026	681 Katleho Molato	A00			Boys - 19	3000 m Steeple	09:45.78	5000 m	15:59.34						
18	LMH027	682 Teboho Mokoena	A00			Boys - 19	1500 m	04:05.38	5000 m	15:31.69						
19	LMH028	683 Boitumelo Makhaotse	A00			Boys - 19	1500 m	04:22.43	3000 m Steeple	09:59.49						
20	LMH030	684 Lehlohonolo Mntlaletsa	A00			Boys - 14	1500 m Steeple	05:44.95								



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LMH		Hanover													
Athlete	Nr	Name	Class	DateOB/ASA/ID	Age Group	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement
21	LMH072	685 Lhlohonolo Mothobi	A00		Boys - 17	400 m Hurdles	00:64.20								



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LMO		Matshediso													
Athlete	Nr	Name	Class	DateOB/ASA/ID	Age Group	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement
1	LMO001	686 Xolile Nomongo	A00 B	2010/04/09 1004096239083	Boys - 16	3000 m	09:51.50								
2	LMO006	687 Thabang Mothibi	A00 B	2010/03/04 1003045448084	Boys - 16	800 m	02:15.43								



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LMP		Mophate				Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement
Athlete	Nr	Name	Class	DateOB/ASA/ID	Age Group								
1	LMP001	688 Mathapelo Sentle	A00 B	2010/09/04 1009040266082	Girls - 16	100 m	00:13.11	200 m	00:27.17				
2	LMP002	689 Kgothatso Theletsane	A00 B	2010/08/11 1008115359087	Boys - 16	Long Jump	5.85						
3	LMP004	690 Katleho Mokoena	A00 B	2009/03/24 0903240388087	Girls - 17	Long Jump	4.11						
4	LMP010	691 Tshelang Phali	A00 B	2010/04/29 1004290230086	Girls - 16	400 m	00:69.28						



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LMR		Marematlou													
Athlete	Nr	Name	Class	DateOB/ASA/ID	Age Group	Item	Achievement								
1	LMR023	692 ROSE LITHEBE	A00	2009/11/04	Girls - 17	1500 m	06:02.07								
			B	0911041342088											



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LMS		Mosala													
Athlete	Nr	Name	Class	DateOB/ASA/ID	Age Group	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement
1	LMS001	693 Relebohile Tau	A00	2012/07/10	Girls - 14	1500 m	05:43.64	3000 m	12:56.42						
			B	1207101221083											



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LMT		Mamellang Thuto													
Athlete	Nr	Name	Class	DateOB/ASA/ID	Age Group	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement
1	LMT001	694 Onkarabile Moeketsi	A00	2011/06/10 1106100370083	Girls - 15	200 m	00:29.30								
2	LMT004	695 Rethabile Matola	A00 B	2011/11/18 1111180579082	Girls - 15	800 m	02:35.58								
3	LMT005	696 Kutlwano Matoane	A00 B	2011/05/08 1105085731087	Boys - 15	Long Jump	5.84								
4	LMT008	697 Paballo Mokoalla	A00 B	2008/04/07 0804075268081	Boys - 19	Long Jump	6.66								
5	LMT013	698 Katleho Mafabatho	A00 B	2009/08/28 0908285639088	Boys - 17	Long Jump	5.68								



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LNC		Concordia													
Athlete	Nr	Name	Class	DateOB/ASA/ID	Age Group	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement
1	LNC017	699 Thotela Keitumetse	A00		Boys - 17	1500 m	04:26.39	3000 m	09:22.00	800 m	02:08.55				
2	LNC024	700 Mokhokare Zamile	A00		Boys - 19	Javelin	35.00								
3	LNC026	701 Thapo Tumiso	A00		Boys - 19	400 m	00:50.45								



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LNL		Naledi													
Athlete	Nr	Name	Class	DateOB/ASA/ID	Age Group	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement
1	LNL001	702 Theo Brown	A00		Boys - 14	1500 m	05:03.73	800 m	02:23.25						
2	LNL100	703 Kealeboh Nkonoane	A00		Boys - 19	800 m	02:04.47								
3	LNL200	704 Thulo Porotlwana	A00		Boys - 19	100 m	00:10.88	200 m	00:22.23						
4	LNL232	705 Phello Mokhele	A00		Boys - 19	400 m	00:51.16								
5	LNL300	706 Katleho Mabetwe	A00		Boys - 15	400 m	00:55.70								



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LPH		Phehello													
Athlete	Nr	Name	Class	DateOB/ASA/ID	Age Group	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement
1	LPH001	707 Karabo Haal	A00 B	2012/02/27 1202270620082	Girls - 14	800 m	02:51.00								
2	LPH012	708 Lebohang Mkhwanazi	A00 B	2011/01/27 1101276176083	Boys - 15	1500 m	05:00.33								



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LRA		Rainbow		Class	DateOB/ASA/ID	Age Group	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement
Athlete	Nr	Name														
1	LRA005	709	Ntombizodwa Matekane	A00		Girls - 14	400 m	00:65.35								
2	LRA007	710	Nombulelo Mithi	A00		Girls - 15	100 m	00:13.43	200 m	00:28.81						
3	LRA008	711	Katleho Duze	A00		Girls - 15	1500 m	05:33.33								
4	LRA014	712	Kutlwano Frans	A00		Girls - 17	Long Jump	3.86								
5	LRA023	713	Katleho Zondane	A00		Boys - 14	Long Jump	4.84								
6	LRA034	714	Tshamanaka Motshabi	A00		Boys - 16	800 m	02:14.67								
7	LRA036	715	Kago Motsumi	A00		Boys - 16	2000 m Steeple	06:31.82								
8	LRA042	716	Lehlohonolo Ramolla	A00		Boys - 19	Javelin	37.26								
9	LRA066	717	Katleho Duze	A00		Girls - 15	1500 m Steeple	05:54.06								



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LRE		Rearebetswe													
Athlete	Nr	Name	Class	DateOB/ASA/ID	Age Group	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement
1	LRE030	718 KATLEHO RADEBE	A00	2012/06/29 1206295593083	Boys - 14	800 m	02:30.38								



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LRF	Refihletse		Class	DateOB/ASA/ID	Age Group	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement
1	LRF001	719 Itumeleng Kabi	A00 B	2007/06/13 0706135456087	Boys - 19	800 m	02:00.96								
2	LRF003	720 Rapelang Sefuthi	A00 B	2010/03/31 1003315966088	Boys - 16	400 m	00:54.36								
3	LRF007	721 Kabelo Molato	A00 B	2011/03/06 1103065264088	Boys - 15	800 m	02:13.86								



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LRI		Riebeeckstad				Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement
Athlete	Nr	Name	Class	DateOB/ASA/ID	Age Group										
1	LRI002	722 Kgalalelo Lepheane	A00 B	2010/06/10 1006100488085	Girls - 16	2000 m Steeple	09:22.16								
2	LRI003	723 Prince Masowa	A00 B	2009/02/08 0902085247085	Boys - 17	2000 m Steeple	06:27.07	3000 m	09:26.43						
3	LRI009	724 Orifile Tau	A00 B	2011/03/29 1103290078089	Girls - 15	1500 m Steeple	05:58.71	3000 m	12:19.77						
4	LRI011	725 Ithandile Njisane	A00 B	2009/06/10 0906105642084	Boys - 17	400 m	00:53.86								
5	LRI015	726 Bania Lulua	A00 B	2009/07/10 0907100124086	Girls - 17	100 m	00:13.08	200 m	00:27.60						
6	LRI016	727 Mapule Mohale	A00 B	2010/02/25 1002250583080	Girls - 16	5000 m Walk	37:49.00								
7	LRI017	728 Sylvia Lesige	A00 B	2010/03/12 1003121338084	Girls - 16	2000 m Steeple	08:41.66								
8	LRI019	729 Itumeleng Jampi	A00 B		Girls - 16	1500 m	05:18.47	2000 m Steeple	08:10.12						
9	LRI020	730 Atlehang Erasmus	A00 B	2008/07/28 0807285370084	Boys - 19	3000 m Steeple	10:07.50								
10	LRI022	731 Andries Moreki	A00 B	2011/07/14 1107145535086	Boys - 15	1500 m Steeple	04:44.13	3000 m	09:53.59						
11	LRI026	732 Katleho Mokhothu	A00 B	2009/10/28 0910285123089	Boys - 17	1500 m	04:14.04	2000 m Steeple	06:13.49						
12	LRI030	733 Olethabo Molelle	A00 B	2012/06/29 1206295166088	Boys - 14	100 m Hurdles	00:19.55								
13	LRI031	734 Lekaloba Mosoeu	A00 B	2009/08/12 0908125128083	Boys - 17	High Jump	1.60								
14	LRI032	735 Mamello Mokolutlo	A00 B	2009/01/25 0901255936089	Boys - 17	High Jump	1.65								
15	LRIA48	736 Riebeeckstad High School	A00		Girls - 17	4X100 m Relay	00:56.54								



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LRP		Repholositswe													
Athlete	Nr	Name	Class	DateOB/ASA/ID	Age Group	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement
1	LRP002	737 Oratile Moshoeshoe	A00		Girls - 14	3000 m	13:10.80								
2	LRP005	738 Ayanda Khosa	A00		Girls - 17	1500 m	06:03.14								
3	LRP007	739 Rethabile Klaas	A00		Boys - 15	1500 m	04:34.44	1500 m Steeple	04:49.55	3000 m	10:19.16				
4	LRP010	740 Monnapule Diedericks	A00		Boys - 16	1500 m	04:20.88	2000 m Steeple	06:29.05	3000 m	09:24.68				
5	LRP300	741 Tshiamo Molale	A00		Boys - 15	5000 m Walk	42:36.00								



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LRS		Reseamohetse													
Athlete	Nr	Name	Class	DateOB/ASA/ID	Age Group	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement
1	LRS064	742	Kopano Oliphant	A00	Boys - 16	High Jump	1.65								



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LRT		Reatilehile Secondary				Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement
Athlete	Nr	Name	Class	DateOB/ASA/ID	Age Group								
1	LRT002	743	TSHWARELO PHETHISA	A00 B	2008/01/29 0801296527089	Boys - 19	1500 m	04:26.94					



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LSA		St Annes Technical College				Item		Achievement		Item		Achievement		Item		Achievement	
Athlete	Nr	Name	Class	DateOB/ASA/ID	Age Group	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement		
1	LSA007	744 NTHABELENG MOKGAGE	A00 B	2012/05/11 1205110298084	Girls - 14	90 m Hurdles	00:17.19										
2	LSA008	745 REBOHILE MOLISE	A00 B	2011/11/25 1111251034082	Girls - 15	5000 m Walk	36:20.00										
3	LSA010	746 LEFELE MODUPI	A00 B	2011/06/28 1106286301084	Boys - 15	400 m	00:55.09	800 m	02:09.31								
4	LSA011	747 LUKHANYO TLHOUBA	A00 B	2011/02/03 1102035752081	Boys - 15	5000 m Walk	32:36.00										
5	LSA015	748 ORATILE MOLAKENG	A00 B	2010/06/25 1006250797087	Girls - 16	5000 m Walk	35:05.00										
6	LSA016	749 KELEBOHILE THATE	A00 B	2009/12/07 0912071346080	Girls - 17	1500 m	05:47.54	400 m	00:63.75								
7	LSA021	750 KATLEHO KOLOI	A00 B	2009/06/29 0906295892085	Boys - 17	10000 m Walk	69:28.00										
8	LSA022	751 THANDEKA NOUVELD	A00 B	2010/03/11 1003110477083	Girls - 16	Long Jump	4.03										
9	LSA028	752 TUMELO NKHOBO	A00 B	2009/03/31 0903315780085	Boys - 17	110 m Hurdles	00:17.49										
10	LSA029	753 THATO KHUTO	A00 B	2008/01/13 0801130444087	Girls - 19	100 m Hurdles	00:21.91										
11	LSA031	754 LEFA MKHOTHU	A00 B	2010/08/27 1008275100081	Boys - 16	High Jump	1.60										



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LSV		SANDVELD HS				Item		Achievement		Item		Achievement		Item		Achievement	
Athlete	Nr	Name	Class	DateOB/ASA/ID	Age Group	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement
1	LSV019	755 Jacques Prinsloo	A00	2012/12/13 1212135860088	Boys - 14	Javelin	25.72										
2	LSV026	756 Angelo Ferns	A00	2010/04/09 1004095662087	Boys - 16	Discus Throw	29.46										
3	LSV030	757 Luan Els	A00	2009/03/27 0903275086085	Boys - 17	Discus Throw	25.90										
4	LSV054	758 Jemone Meyer	A00	2012/03/13 1203130205080	Girls - 14	100 m	00:13.99	Long Jump	4.27								
5	LSV057	759 Zane Van Westhuizen	A00	2011/03/08 1103080965081	Girls - 15	Javelin	24.50	Long Jump	4.07								
6	LSV061	760 Princess Adams	A00	2010/04/02 1004020190089	Girls - 16	200 m	00:27.79	400 m	00:62.78	Long Jump	4.70						
7	LSV062	761 Jamie-Lee Van Der Merwe	A00	2010/11/24 1011241398086	Girls - 16	Discus Throw	21.59	High Jump	1.40								
8	LSV063	762 Carlien Van Zyl	A00	2009/01/15 0901150521085	Girls - 17	200 m	00:28.36	400 m	00:64.42								
9	LSV067	763 Jimmonita Van Schalkwyk	A00	2008/09/02 0809020176081	Girls - 19	Discus Throw	21.72										



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LSW		St Andrews				Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement
Athlete	Nr	Name	Class	DateOB/ASA/ID	Age Group								
1	LSW005	764 Euan Nyakabau	A00 B	2010/02/17 AE230804	Boys - 16	Shot Put	12.57						
2	LSW008	765 Ntombentle Pondela	A00 B	2011/04/30 1104300616082	Girls - 15	1500 m	05:28.34	3000 m	12:09.39				



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LTE		LETSETE													
Athlete	Nr	Name	Class	DateOB/ASA/ID	Age Group	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement
1	LTE013	766	GALLY NKATI	A00 B	2013/05/14 1305140783087	Girls - 14	1500 m	05:45.52	800 m	02:53.83					
2	LTE016	767	MATSHEDISO MOKAKE	A00 B	2011/06/04 1106040369088	Girls - 15	1500 m	05:20.09	800 m	02:38.74					
3	LTE038	768	SIZWE TSHABALALA	A00 B	2010/05/03 1005035349081	Boys - 16	1500 m	04:30.39							



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LTK		Tikwana														
	Athlete	Nr	Name	Class	DateOB/ASA/ID	Age Group	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement
1	LTK010	769	Lebohlang Mafike	A00		Boys - 16	100 m	00:11.29	200 m	00:22.93						
2	LTK200	770	Tsehpang Rakhoale	A00		Boys - 17	400 m	00:53.63								
3	LTK501	771	Sekgalo Kgalalelo	A00		Girls - 16	800 m	03:04.36								
4	LTK555	772	Mamello Molope	A00		Girls - 19	800 m	02:50.89								
5	LTK666	773	Sphamandla Masiu	A00		Boys - 16	Javelin	32.36								
6	LTKA88	774	Tikwana	A00		Boys - 17	4X100 m Relay	00:46.49								



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LTT		Thotagauta													
Athlete	Nr	Name	Class	DateOB/ASA/ID	Age Group	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement
1	LTT004	775	Thato Letsoaka	A00	2011/10/16 1110165687084	Boys - 15	800 m	02:14.12							
2	LTT006	776	Ntombizodwa Phakoe	A00	2012/06/17 1206171460084	Girls - 14	1500 m	05:38.59	3000 m	12:37.10					



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LTW		Hoër Tegniese Skool Welkom				Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement
Athlete	Nr	Name	Class	DateOB/ASA/ID	Age Group								
1	LTW004	777 Msizi Sibanyone	A00 B	2008/02/18 0802185196085	Boys - 19	Javelin	38.73						
2	LTW010	778 Relebohile Rasenya	A00 B	2009/06/22 0906225206083	Boys - 17	100 m	00:11.31	Long Jump	5.86				
3	LTW014	779 Noan Kakina	A00 B	2010/03/30	Boys - 16	Long Jump	5.86						



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LUN		Unitas		Class	DateOB/ASA/ID	Age Group	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement
Athlete	Nr	Name												
1	LUN018	780	Tsamaelo Ramakau	A00	2010/06/01 1006010702088	Girls - 16	Javelin	22.91						
2	LUN020	781	Bophelo Motlohi	A00	2009/11/15 0911150131082	Girls - 17	100 m	00:13.72						
3	LUN022	782	Boitumelo Radebe	A00	2007/08/28 0708280072088	Girls - 19	Long Jump	4.40						
4	LUN038	783	Mpho Lebeko	A00	2010/04/30 1004306470080	Boys - 16	Long Jump	5.67						
5	LUN046	784	Khumo Khobi	A00	2009/01/30 0901305266081	Boys - 17	200 m	00:23.64						
6	LUN050	785	Kennedy Ugwuegbulem	A00	2007/03/15 0703156672080	Boys - 19	400 m Hurdles	00:63.39						
7	LUNA60	786	Unitas	A00		Boys - 17	4X100 m Relay	00:46.35						



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LVH		Virginia High School				Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement
Athlete	Nr	Name	Class	DateOB/ASA/ID	Age Group								
1	LVH003	787 BOITUMELO MOKONE	A00 B	2011/01/30 1101300467086	Girls - 15	400 m	00:66.00						
2	LVH007	788 KANANELO SEJAKE	A00 B	2012/02/22 1202226624089	Boys - 14	1500 m	05:03.88	400 m	00:59.60	800 m	02:21.19		
3	LVH018	789 TSHOGOFATSO TSOKODUBANE	A00 B	2010/03/27 1003275144080	Boys - 16	100 m	00:11.18						
4	LVH020	790 MPUMELELO THIANYE	A00 B	2009/01/05 0901055214083	Boys - 17	100 m	00:11.39						
5	LVHA25	791 VIRGINIA HIGH SCHOOL	A00		Boys - 14	4X100 m Relay	00:52.73						



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LWH		Welkom High													
Athlete	Nr	Name	Class	DateOB/ASA/ID	Age Group	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement
1	LWH011	792 PRINCE MHLONGO	A00 B	2007/02/14 0702146148086	Boys - 19	100 m	00:10.47								
2	LWH036	793 SIYABONGA VUTELA	A00 B	2011/07/30 1107305418081	Boys - 15	100 m	00:11.78								
3	LWH042	794 OWETHU GUBESE	A00 B	2012/01/02 1201025609085	Boys - 14	Long Jump	4.48								
4	LWH063	795 LERATO MOKOENA	A00 B	2011/02/18 1102180171087	Girls - 15	Long Jump	3.73								
5	LWH075	796 SEBABATSO XUMA	A00 B	2009/05/22 0905220193080	Girls - 17	800 m	02:44.04								
6	LWHA05	797 WELKOM HIGH SCHOOL	A00 B		Boys - 16	4X100 m Relay	00:47.88								
7	LWHA06	798 WELKOM HIGH SCHOOL	A00 B		Girls - 16	4X100 m Relay	00:60.75								
8	LWHA09	799 WELKOM HIGH SCHOOL	A00 B		Boys - 19	4X100 m Relay	00:44.30								



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LWI		Winburg Cs				Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement
Athlete	Nr	Name	Class	DateOB/ASA/ID	Age Group										
1	LWI023	800 Kelebogile Tlhobo	A00 B	2011/09/29 1109290547080	Girls - 15	3000 m	12:23.22								
2	LWI026	801 Thembi Mjandana	A00 B	2009/04/10 0904100474082	Girls - 17	800 m	02:51.45								
3	LWI032	802 Mamello Tsie	A00 B	2007/12/30 0712300207081	Girls - 19	100 m	00:13.81	200 m	00:28.37	400 m	00:68.15				
4	LWI069	803 Katleho Mohapi	A00 B	2009/03/29 0903295703081	Boys - 17	200 m	00:22.51	400 m	00:49.03						
5	LWI071	804 Moeketsi Tlhobo	A00 B	2009/10/05 0910055248082	Boys - 17	800 m	02:03.49								
6	LWI072	805 Boikanyo Manopole	A00 B	2007/10/04 0710045994088	Boys - 19	Long Jump	6.33								
7	LWI077	806 Kantoor Maribe	A00 B	2007/03/19 0703196049083	Boys - 19	200 m	00:22.37								
8	LWIA80	807 Winburg Combined School	A00 B	2011/01/01	Boys - 15	4X100 m Relay	00:48.73								
9	LWIA82	808 Winburg Combined School	A00 B	2007/01/01	Boys - 19	4X100 m Relay	00:44.65								



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LWR		Wessel Maree													
Athlete	Nr	Name	Class	DateOB/ASA/ID	Age Group	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement
1	LWR001	809 Mmandlenkosi Senxezi	A00 B	2012/06/18 1206185218080	Boys - 14	High Jump	1.60	Long Jump	5.04						
2	LWR002	810 Owethu Thinda	A00 B	2011/08/17 1108175296086	Boys - 15	High Jump	1.75								
3	LWR003	811 Phila Manjo	A00 B	2011/05/26 1105265455085	Boys - 15	High Jump	1.84								
4	LWR004	812 Tristin Mentz	A00 W	2010/07/10 1007106455086	Boys - 16	200 m	00:24.03								
5	LWR014	813 Didintle Thlone	A00 B	2010/02/28 1002280300083	Girls - 16	Long Jump	4.18								
6	LWR024	814 Nhlanhla Tshabalala	A00 B	2012/09/22 1209225146089	Boys - 14	Long Jump	4.81								
7	LWRA22	815 Wessel Maree	A00		Girls - 19	4X100 m Relay	00:57.78								



Free State High Schools Athletics Championships 2026
2026/03/06



Athlete Entries

Final List

jobaentries@gmail.com

LWS		Welkom Secondary School				Item	Achievement	Item	Achievement	Item	Achievement	Item	Achievement
Athlete	Nr	Name	Class	DateOB/ASA/ID	Age Group								
1	LWS009	816 Bongani Mathe	A00 B	2011/05/16 1105165831088	Boys - 15	Long Jump	5.28						
2	LWS010	817 Andrew Goodman	A00 C	2011/04/07 110407	Boys - 15	200 m	00:24.21	Long Jump	5.40				